

# GENERAL CONFINEMENT MENU WEEK 1 Monday, October 30, 2023

Y WHITE MILK COFFEE SUGAR  TOMATO SOUP SILICED BAKED MEATLOAF SEASONED GRAVY THREE BEAN SALAD WHIPED POTATOES SWHITE MILK HAMBURGER ROLL SEASONED CABBAGE SUGAR  TOMATO SOUP SILICED BAKED MEATLOAF SEASONED GRAVY THREE BEAN SALAD WHIPED POTATOES SWHITE MILK HAMBURGER ROLL SEASONED CABBAGE CHILLED CANNED PEACHES WHITE BIRLA SEASONED CABBAGE SUGAR POTATO CHIPS GRAPE BEVERAGE TURKEY CHOW MEIN HOT DOGS HOT WHEAT CEREAL HOT WHEAT CEREAL STEAMED WHITE RICE HOT WHEAT CEREAL STEAMED WHITE RICE CHILLED APPLESAUCE WHITE MILK CHILLED APPLESAUCE WHITE MILK CHILLED APPLESAUCE TURKEY CHOW MEIN HOT DOG SOLLS WHITE MILK CHILLED APPLESAUCE WHITE MILK CHILLED APPLESAUCE TORANGE BEVERAGE THALAN STYLE MEATBALLS SUGAR THEATLESS SWEET AND SOUR THAMBURGER CHICKEN PATTY WHOSE WHEAT TOAST STEAMED SPINACH WHITE MILK CHILLED MANDARIN ORANGES WHITE BREAD / MARGARINE TOATHORANGE CHICKEN GRAVY WHOLE WHEAT TOAST WHITE MILK CHILLED MANDARIN ORANGES WHITE MILK CHILLED MANDARIN ORANGES WHITE BREAD / MARGARINE TOATHORANGE CHICKEN GRAVY WHITE DREAD / MARGARINE TOATHORANGE CHICKEN GRAVY WHITE DREAD / MARGARINE TOATHORANGE CHICKEN GRAVY WHITE BREAD / MARGARINE TOATHORANGE CHICKEN GRAVY WHITE B	ONDAY TUESDA	HOT OATMEAL WHITE TOAST APPLE JELLY MARGARINE WHITE MILK COFFEE	STEAMED WHITE RICE HOMEMADE CORNBREAD CHILLED COLESLAW	STEAMED WHITE RICE STEAMED GREEN PEAS
N WHITE TOAST D APPLE JELLY D APPLE JELLY D APPLE JUCE COFFEE SUGAR THE BRAN FLAKES THAMAIAN BEVERAGE SUGAR THE BRAN FLAKES TH	N D A Y T U E S D A	WHITE TOAST APPLE JELLY MARGARINE WHITE MILK COFFEE	HOMEMADE CORNBREAD CHILLED COLESLAW	STEAMED GREEN PEAS
D APPLE JELLY A MARGARINE A MARGARINE A MARGARINE A MARGARINE A MARGARINE A MARGARINE COFFEE BUGAR  THEMILK COFFEE BUGAR  TOMATO SOUP CHILLED TUNA SALAD BERAKFAST PIZZA CHILLED TUNA SALAD BERAKFAST PIZZA CHILLED TUNA SALAD COFFEE CHILLED CANNED PEACHES WHITE MILK COFFEE CHILLED CANNED PEACHES WHITE MILK COFFEE CHILLED CANNED PEACHES WHITE MILK COFFEE CHILLED CANNED PEACHES TURKEY CHOW MEIN TURKEY CHOW MEIN EWHITE MILK CHILLED APPLE SUICE TURKEY CHOW MEIN EWHITE MILK CHILLED APPLE SWEET AND SOUR THEMELY TO CHILLED APPLE SWEET AND SOUR THANKINE EWHITE MILK CHILLED APPLE SPAGHETTI WI TOMATO SAUCE TIALINA STYLE MEATBALLS WHITE MILK CHILLED FRESH APPLE TORNO SWEET AND SOUR THANKINE CHILLED FRESH APPLE THANKING CHILLED BRADE DUICE THANKING THANKI	D A Y T U E S D A	APPLE JELLY MARGARINE WHITE MILK COFFEE	CHILLED COLESLAW	
A MARGARINE Y WHITE MILK COFFEE SUGAR  TOMATO SOUP SILICED BAYED JUICE  TOMATO SOUP SEARKFAST PIZZA CHILLED TUBA SALAD HITE MILK HAMBURGER ROLL SEASONED GRAVY WHIPPED POTATOES WHITE MILK HAMBURGER ROLL SEASONED GRAVY WHIPPED POTATOES WHITE MILK HAMBURGER ROLL SEASONED GRAVY WHIPPED POTATOES WHITE MILK HAMBURGER ROLL COFFEE CHILLED GRAPE BYERAGE SLICED AMERICAN CHEESE WHITE READ / MARGARINE HOT WHEAT CEREAL STEAMED WHITE RICE WHITE MILK SEASONED GRAVY WHIPPED POTATOES WHITE MILK HAMBURGER ROLL CHILLED BREAD PUDDING GRAPE BEVERAGE SLICED AMERICAN CHEESE WHITE READ / MARGARINE HOT WHEAT CEREAL STEAMED WHITE RICE WHITE MILK CHILLED BREAD WHITE RICE WHITE MILK CHILLED BREAD WHITE RICE WHITE MILK CHILLED BREAD WHITE RICE WHITE MILK CHILLED APPLE WHITE MILK CHILLED APPLE WHITE SEAD CHEESE WHITE MILK CHILLED APPLE WHITE MILK CHILLED BREAD WHITE RICE WHITE MILK CHILLED APPLE WHITE MILK CHILLED APPLE WHITE SEAD WHITE BREAD / MARGARINE WHITE MILK CHILLED ARBARINE STEAMED WAX BEANS WHITE MILK CHILLED ARBARINE GRAPE BEVERAGE WHITE MILK CHILLED ARBARINE GRAPE BEVERAGE WHITE MILK CHILLED ARBARINE GRAPE BEVERAGE WHITE BREAD CHICKEN PATTY WHITE WHITE CAKE WITH BREAD / MARGARINE CHILLED MARGARINE GRAPE BEVERAGE WHITE BREAD / MARGARINE CHILLED MARGARINE GRAPE BEVERAGE WHITE BREAD / MARGARINE CHILLED MARGARINE GRAPE BEVERAGE WHITE BREAD / MARGARINE WHITE BREAD / MARGARINE TOATMEAL STEWED TOMATOES WHITE MILK GRAPE BEVERAGE WHITE BREAD / MARGARINE WHITE BREAD / MARGARINE TOATMEAL WHITE TOAST WHITE RICE CHILLED GRAPE JUICE STEWED TOMATOES WHITE BREAD / MARGARINE WHITE BREAD / MARGARINE TOATMEAL WHITE TOAST WHITE RICE TOATMEAL STEWED TOMATOES WHITE BREAD / MARGARINE WHITE BREAD / MARGARINE TOATMEAL WHITE TOAST WHITE RICE TOATMEAL STEWED TOMATOES WHITE BREAD / MARGARINE TOATMEAL WHITE TOAST WHITE RICE TOATMEAL WHITE RICE TOATMEAL TOATMEAL STEWED TOATMEAL TOATMEA TOATMEAL TOATMEAL TOATMEAL TOATMEA TOATMEA TOATMEA TOATMEA TOATMEA TOATMEA TO	A Y T U E S D A	MARGARINE WHITE MILK COFFEE		WHITE BREAD / MARGARINE
Y WHITE MILK COFFEE SUGAR  THAWAINAN BEVERAGE SUGAR  THAWAINAN BEVERAGE SUGAR  TOMATO SOUP SLICED BAKED MEATLOS WHIPPED POTATOCHS WHITE BREAD / MARGARINE HOT DOGS SEASONED CABBAGE WHITE BREAD / MARGARINE HOT DOGS WHITE MILK CHILLED ARPPLE JURICE WHITE WHIPPED POTATOCHS WHITE BREAD / WHIPPED POTATOCHS WHITE WHIPPED POTATOCH	Y TUESDA	WHITE MILK COFFEE	MARGARINE	THILL DIVEAD! MAINGAINE
COFFEE SUGAR 'MEATLESS CHILI  TOMATO SOUP SLICED BAKED MEATLOAF SEASONED GRAVY BREAKFAST PIZZA CHILLED TUNA SALAD SEASONED GRAVY E BRAN FLAKES THEE BEAN SALAD WHIPPED POTATOES SWHTE MILK HAMBURGER ROLL SEASONED CABBAGE COFFEE CHILLED CANNED PEACHES WITE MILK HAMBURGER ROLL SEASONED CABBAGE COFFEE CHILLED CANNED PEACHES WITE MILK HAMBURGER ROLL SEASONED CABBAGE CHILLED BREAD PUDDING GRAPE BEVERAGE CHILLED BREAD PUDDING GRAPE BEVERAGE CHILLED BREAD PUDDING COFFEE CHILLED GRAPE JUICE TURKEY CHOW MEIN HOT DOGS TEAMED WHITE RICE HOT WHEAT CEREAL STEAMED WHITE RICE HOT WHEAT CEREAL STEAMED WHITE RICE WHITE MILK CHILLED APPLESAUCE WHITE MILK CHILLED APPLESAUCE SUGAR WHOLE WHEAT TOAST TALIAM STYLE MEATBALLS COFFEE CHILLED GRAPE JUICE TORNAGARINE GRAPE SEVERAGE THANDAGNING SEASONED CHICKEN PATTY WHOLE WHEAT TOAST THANDAGNING STEAMED MADARIN CRANGES WHITE MILK CHILLED AND SEVERAGE THANDAGNING SEASONED CHICKEN PATTY WHOLE WHEAT TOAST THANDAGNING STEAMED SALCE THANDAGNING STEAMED WHITE RICE THANDAGNING SEASONED CHICKEN PATTY WHOLE WHEAT TOAST THANDAGNING SALCE THANDAGNING STEAMED SEASONED CHICKEN PATTY WHOLE WHEAT TOAST THANDAGNING SALCE THANDAGNING RANGES THANDAGNING STEAMED SALCE THANDAGNING STEAMED SALCE THANDAGNING STEAMED SALCE THANDAGNING STEAMED SALCE THANDAGNING SALCE THAND	T U E S D A	COFFEE	m/arcs/arcine	WHITE CAKE W/ CHOCOLATE ICING
SUGAR  "MEATLESS CHILI  T CHILLED APPLE JUICE U BRANFAST PIZZA CHILLED TUNA SALAD SEASONED GRAVY THERE BEAN FLAKES THREE BEAN SALAD COFFEE CHILLED CANNED PEACHES WHITE MILK HAMBURGER ROLL COFFEE CHILLED CANNED PEACHES SWAT POTATO CHIPS GRAPE BEVERAGE CHILLED CANNED PEACHES TURKEY CHOW MEIN TO THE HOT OWNER CHILLED READ PUDDING COFFEE CHILLED GRAPE JUICE TURKEY CHOW MEIN TURKEY CHOW MEIN TO THE HOT OWNER CHILLED READ PUDDING TO TOTS TO T	U E S D A		CHILLED FRESH APPLE	ORANGE BEVERAGE
TOURATO SOUP  BREAKFAST PIZZA  CHILLED TUNA SALAD  BRAN FLAKES  THREE BEAN SALAD  THREE BEAN SALAD  COFFEE  CHILLED CANNED PEACHES  WHITE MILK  D COFFEE  CHILLED CANNED PEACHES  A SUGAR  CHILLED GANPE JUICE  TURKEY CHOW MEIN  HOT DOGS  HOT DOG ROLLS  TO HOT WHEAT CEREAL  NARGARINE  WHITE MILK  CHILLED APPLESAUCE  WHITE MILK  CHILLED APPLESAUCE  WHITE MILK  CHILLED APPLESAUCE  WHITE MILK  CHILLED APPLESAUCE  TORANGE BEVERAGE  THALBAN STYLE MEATBALLS  WHITE MILK  CHILLED APPLES SWEET AND SOUR  TALAM SUGAR  TO CHIRLED TOST  TO WHOTE WHEAT TOST  TO WHOTE WHEAT TOST  TO WHOLE WHEAT TOST  TO STEAMED WHITE RICE  WHITE MILK  CHILLED APPLES SWEET AND SOUR  THE WHITE MILK  CHILLED APPLES SWEET AND SOUR  TO CHILLED FRESH APPLE  TO CHILLED FRESH APPLE  TO WHITE MILK  CHILLED WHAD TO DOG ROLLS  TO WHOLE WHEAT TOST  TO WHOLE WHEAT TOST  TO WHOLE WHEAT TOST  TO WHITE MILK  CHILLED MANDARIN ORANGES  THE MEATLOST  TO WHITE MILK  CHILLED MANDARIN ORANGES  TO WHITE MILK  CHILLED MANDARIN ORANGES  TO WHITE MILK  CHILLED MANDARIN ORANGES  TO COFFEE  A SUGAR  THE BE AN SALAD  WHITE BREAD / MARGARINE  TO WHITE MILK  CHILLED MANDARIN ORANGES  TO WHITE MILK  CHILLED MANDARIN ORANGES  TO WHAT MILK  CHILLED MANDARIN ORANGES  TO WHITE MILK  CHILLED MANDARIN ORANGES  TO WHAT MILK  TO STEAMED WHITE RICE  TO WHAT MANDARIN ORANGES  TO WHAT MILK  TO STEAMED WHITE RICE  TO WHAT MANDARIN ORANGES  TO WHITE MILK  TO STEAMED WHITE RICE  TO WHAT MANDARIN ORANGES  TO WHAT MILK  TO STEAMED WHITE RICE  TO WHAT MANDARIN ORANGES  TO WHITE MILK  TO STEAMED WHITE RICE  TO STEAMED WHIT	U E S D A		HAWAIIAN BEVERAGE	
U BREAKFAST PIZZA E BRAN FLAKES THREE BEAN SALAD WHIPPED POTATOES SWHITE MILK HAMBURGER ROLL COFFEE CHILLED CANNED PEACHES WHITE BREAD / MARGARINE CHILLED GRAPE JUICE TURKEY CHOW MEIN HOT DOGS HOT WHITE BREAD / MARGARINE CHILLED GRAPE JUICE TURKEY CHOW MEIN HOT DOGS HOT WHOT WHEAT CEREAL STEAMED MYHITE RICE HOT WHEAT CEREAL STEAMED MYHITE RICE WHITE MILK CHILLED ARAPE JUICE WHITE MILK COFFEE WHITE MILK COFFEE ORANGE BEVERAGE TOTATO TOTS WHARGARINE CHILLED ARAPE JUICE TURKEY CHOW MEIN HOT DOGS HOT WHOT DOGS WHOT WHOT DOGS COFFEE HOT WHITE MILK CHILLED ARAPE JUICE WHITE MILK COFFEE ORANGE BEVERAGE THAN BARGARINE STEAMED WAX BEANS WHITE BREAD / MARGARINE CHILLED ARAPE SWEET AND SOUR THAN BARGARINE TO WHARGARINE GARLIC HOT DOG ROLL CORN FLAKES TIALIAN STYLE MEATBALLS WHITE MILK CHILLED MANDARIN ORANGES WHITE MILK CHILLED MANDARIN ORANGES TO WHITE MILK CHILLED MARGARINE TO COFFEE LEMON BEVERAGE WHITE BREAD / MARGARINE TO ATMEAL STEWED TOMATO SAUCE WHITE BREAD / MARGARINE TO ATMEAL TO ATMEA TO A	U E S D A	SUGAR	*MEATLESS CHILI	
E BRAN FLAKES S WHITE MILK HAMBURGER ROLL COFFEE CHILLED CANNED PEACHES WITH GRAPE JUICE HOT WHEAT CEREAL D HOMEMADE COFFEECAKE D SUGAR  CHILLED GRAPE JUICE TURKEY CHOW MEIN HOT DOGS HOT DOG ROLLS TURKEY CHOW MEIN HOT DOGS HOT DOG ROLLS HOT DOG ROLLS HOT DOG ROLLS THE MILK CHILLED APPLESAUCE D HOMEMADE COFFEECAKE D SUGAR WITH E MILK CHILLED APPLESAUCE D ROARGE BEVERAGE COFFEE D SUGAR WITH MEATLESS SWEET AND SOUR THAN BEVERAGE U WHOLE WHEAT TOAST S WHITE MILK CHILLED MANDARIN ORANGES U WHOLE WHEAT TOAST S WHITE MILK CHILLED MANDARIN ORANGES U WHOLE WHEAT TOAST S WHITE MILK CHILLED MANDARIN ORANGES U WHOLE WHEAT TOAST S WHITE MILK CHILLED MANDARIN ORANGES U WHOLE WHEAT TOAST WHATE MILK CHILLED MANDARIN ORANGES U WHOLE WHEAT TOAST WHITE MILK CHILLED MANDARIN ORANGES U WHOLE WHEAT TOAST S WHITE MILK CHILLED MANDARIN ORANGES U WHITE MILK CHILLED MANDARIN ORANGES WHITE READ / MARGARINE CHILLED MANDARIN ORANGES WHITE BREAD / MARGARINE CHILLED MANDARIN ORANGES WHITE BREAD / MARGARINE CHILLED MANDARIN ORANGES WHITE BREAD / MARGARINE WHITE BREAD / WARGARINE WHOLE WHEAT BREAD / WARGARINE WHOLE WHEAT BREAD / WARGARINE WHOLE WHEAT BREAD / WARGARINE WHOLE WHOLE WHEAT BREAD / WARGARINE WHOLE WHOLE WHEAT BREAD / WARGARINE WHOL	E S D A	CHILLED APPLE JUICE	TOMATO SOUP	SLICED BAKED MEATLOAF
S WHITE MILK D COFFEE CHILLED CANNED PACHES D COFFEE CHILLED CANNED PACHES CHILLED GANEAD PACHES  W CHILLED GRAPE JUICE E HOT WHEAT CEREAL D HOMEMADE COFFEECAKE D HOMEMADE COFFEECAKE COFFEE CHILLED APPLESAUCE COFFEE COFFEE CORANGE BEVERAGE COFFEE CORANGE BEVERAGE COFFEE CORANGE BEVERAGE CHILLED APPLESAUCE CHILLED APPLESAUCE CHILLED APPLESAUCE CHERRY GELATIN COCKED EGG WHOTH MILK CHILLED APPLESAUCE CHERRY GELATIN COCKED EGG WHOTH MILK COLLIED APPLE SPAGHETTI W. TOMATO SAUCE TARABLE SEASONED CHICKEN PATTY CHILLED FRESH APPLE CORN FLAKES U WHOLE WHEAT TOAST STEAMED SPINACH WHIPPED POTATOES STEAMED SUCCORANGE A SUGAR SWATTE MILK COFFEE LEMON BEVERAGE CHILLED RAPE JUICE BAKED MACARONI AND CHEESE WHITE READ / MARGARINE CHILLED RAPE JUICE BAKED MACARONI AND CHEESE SUGAR WHITE BREAD WHITE RICE CREDIE BEREADE CHICKEN PATTY WHOTO AATMEAL STEWED TOMATO SAUCE THE MILK COFFEE UMMORE HOMEMAD COKEN FOR THE MACARONI WHITE BREAD MARGARINE CHILLED RAPE JUICE BAKED MACARONI AND CHEESE WHITE BREAD MARGARINE CREDIE BEREADE STEWED TO TOATMEAL STEWED TOMATOES WHITE BREAD WHITE RICE TATARS SAUCE WHITE BREAD WHITE RICE WHITE BREAD WHITE RICE WHITE BREAD MARGARINE CREDIE BEREADE CHICKEN PATTY  SCHILLED RAPE JUICE BAKED MACARONI AND CHEESE BREADED FISH FILLET STEAMED WHITE RICE TARATAR SAUCE WHITE BREAD / MARGARINE CREDIE BEREAD CHICKEN PATTY  SCHILLED APPLE JUICE A CRISPY RICE CEREAL HAMBIURGER ROLL TARTAR SAUCE WHITE BREAD / MARGARINE VANILLA YOGURT WHITE BREAD / MARGARINE VANILLA YOGURT VANILL	S D A	BREAKFAST PIZZA		SEASONED GRAVY
D COFFEE A SUGAR POTATO CHIPS GRAPE BEVERAGE SLICED AMERICAN CHEESE  WHITE BREAD / MARGARINE CHILLED BREAD PUDDING ICE TEA  "SLICED AMERICAN CHEESE  "MEATLESS PEPPER STEAK  W CHILLED GRAPE JUICE E HOT WHEAT CEREAL STEAMED WHITE RICE HOT DOG ROLLS D HOMEMADE COFFECAKE N MARGARINE WHITE MILK CHILLED APPLESAUCE D SUGAR  TORRIGE BEVERAGE ORANGE BEVERAGE ORANGE BEVERAGE TALIAN STYLE MEATBALLS SEASONED CHICKEN PATTY WHOLE WHEAT TOAST WHOLE WHEAT TOAST SUGAR TEAMED SPINACH SUGAR  FOR THE MILK CHILLED MARGARINE SUGAR WHITE MILK CHILLED MARGARINE STEAMED SPINACH WHIPED POTATOES STEAMED MICE DEVERAGE WHITE MILK CHILLED MARGARINE STEAMED SPINACH WHIPED POTATOES WHITE MILK CHILLED MARGARINE CHILLED MARGARINE STEAMED SPINACH WHIPED POTATOES STEAMED SUCCED CARROTS WHITE MILK CHILLED MARGARINE CHILLED MARGARINE CHILLED MARGARINE CHILLED MARGARINE WHITE BREAD / MARGARINE WHITE BREAD MARGARINE WHITE BREAD MARGARINE TOAST WHITE TOAST WHITE TOAST WHITE TOAST WHITE BREAD MARGARINE WHITE BREAD MARGARINE TOAST WHITE TOAST WHITE BREAD MARGARINE WHITE BREAD MARGARINE WHITE TOAST WHITE BREAD MARGARINE TOAST WHITE MILK WHITE MILK GRAPE BEVERAGE WHITE MILK GRAPE BEVERAGE WHITE BREAD MARGARINE TARTAR SAUCE WHITE MILK GRAPE BEVERAGE "MEATLESS VEGETABLE STEW WHITE BREAD MARGARINE TARTAR SAUCE WHITE BREAD MARGARINE WHITE BREAD MARGARINE TOAST WHITE BREAD MARGARINE WHITE BREAD MARGARINE TOAST WHITE BREAD MARGARINE TOAST WHITE BREAD MARGARINE WHITE BREAD MARGARINE WHITE BREAD MARGARINE TOAST WHITE BREAD MARGARINE TOAST WHITE BREAD MARGARINE WHITE BREAD MARGARINE WHITE BREAD MARGARINE TOAST WARGARINE WHITE BREAD MARGARINE WHITE BREAD MARGARINE TOAST WHITE BREAD MARGARINE WHITE BREAD MARGARINE WHITE BREAD MARGARINE TOAST WHITE BREAD WHITE RICE TORST WHITE BREAD MARGARINE WHITE BREAD MARGARINE TOAST WHITE BREAD MARGARINE WHITE BREAD MARGARINE WHITE BREAD MARGARINE TOAST WHITE BREAD MARGARINE WHITE BREAD MARGARINE WHITE BREAD MARGARINE W	D A			
A SUGAR POTATO CHIPS GRAPE BEVERAGE YSLICED AMERICAN CHEESE  TURKEY CHOW MEIN  HOT DOGS  HOT WHEAT CEREAL  D HOMEMADE COFFEECAKE  N MARGARINE  WHITE MILK  COFFEE  D SUGAR  TORNEE BEVERAGE  YEARD MIXED FROM THE RICE  TORNEE BEVERAGE  COFFEE  ORANGE BEVERAGE  THARD COOKED FOR THAR STEAMED WINTE RICE  TORNEE WHITE RICE  TORNEE WHITE MILK  CHILLED APPLESAUCE  ORANGE BEVERAGE  THARD COOKED EGG  THARD COOKED EG	Α			
GRAPE BEVERAGE "SLICED AMERICAN CHEESE "MEATLESS PEPPER STEAK  W CHILLED GRAPE JUICE TURKEY CHOW MEIN HOT DOGS E HOT WHEAT CEREAL STEAMED WHITE RICE HOT DOG ROLLS D HOMEMADE COFFEECAKE STEAMED WHITE RICE HOT DOG ROLLS N MARGARINE WHITE BREAD / MARGARINE STEAMED WAX BEANS WHITE MILK CHILLED APPLESAUCE MUSTARD / KETCHUP SUGAR "MEATLESS SWEET AND SOUR HAWAIIAN BEVERAGE ORANGE BEVERAGE CHERRY GELATIN A Y  T CHILLED FRESH APPLE SPAGHETTI W/ TOMATO SAUCE HARD COOKED EGG  TORANGE BEVERAGE U WHOLE WHEAT TOAST STEAMED SPINACH WHIPPED POTATOES SWHITE MILK CHILLED MANDARIN ORANGES WHITE BREAD / MARGARINE  GOFFEE LEMON BEVERAGE CHILLED RICE PUDDING ORANGE BEVERAGE  "MEATLESS TOMATO SAUCE BREADED FISH FILLET WHITE TOAST WHITE BREAD / MARGARINE COFFEE WHO MARGARINE CREDE BREADED FISH FILLET WHITE TOAST WHITE BREAD / MARGARINE WHITE BREAD MARGARINE WHITE MILK GRAPE BEVERAGE WHITE BREAD SAUCE  MARGARINE HOMEMADE APPLE CRISP TARTAR SAUCE WHITE MILK GRAPE BEVERAGE  WHITE MILK GRAPE BEVERAGE  "MEATLESS TOMATO SAUCE STEAMED WHITE RICE SUGAR  WHITE MILK GRAPE BEVERAGE WHITE BREAD MARGARINE  CRECLE BEAN SAUCE  TARTAR SAUCE WHITE BREAD / MARGARINE  CRECLE BEAN SAUCE  TARTAR SAUCE WHITE BREAD / MARGARINE  TOASTED WHITE BREAD / MARGARINE  TOASTED WHITE RICE SUGAR  WHITE MILK GRAPE BEVERAGE WHITE MILK GRAPE BEVERAGE "BREADED CHICKEN PATTY  S CHILLED APPLE JUICE SLOPPY JOE MARGARINE WHITE MILK CHILLED FREEN POTATOES TOSSED GREEN SALAD TALIAN DRESSING WHOLE WHEAT BREAD / MARG. WHOLE WHEAT				
"SLICED AMERICAN CHEESE"  "MEATLESS PEPPER STEAK  W CHILLED GRAPE JUICE TURKEY CHOW MEIN HOT DOGS E HOT WHEAT CEREAL STEAMED WHITE RICE HOT DOG ROLLS D HOMEMADE COFFEECAKE STEAMED MIXED VEGETABLES POTATO TOTS N MARGARINE WHITE BREAD / MARGARINE E WHITE MILK CHILLED APPLESAUCE MUSTARD / KETCHUP CHERRY GELATIN S COFFEE ORANGE BEVERAGE CHERRY GELATIN TO SUGAR "MEATLESS SWEET AND SOUR HAWAIIAN BEVERAGE "HARD COOKED EGG  T CHILLED FRESH APPLE SPAGHETTI W/ TOMATO SAUCE HARD COOKED EGG  T CHILLED FRESH APPLE SPAGHETTI W/ TOMATO SAUCE HARD COOKED EGG  T CHILLED FRESH APPLE SPAGHETTI W/ TOMATO SAUCE HARD COOKED EGG  T CHILLED FRESH APPLE SPAGHETTI W/ TOMATO SAUCE HARD COOKED EGG  T CHILLED FRESH APPLE SPAGHETTI W/ TOMATO SAUCE HARD COOKED EGG  T CHILLED FRESH APPLE SPAGHETTI W/ TOMATO SAUCE HARD COOKED EGG  T CHILLED FRESH APPLE SPAGHETTI W/ TOMATO SAUCE HARD COOKED EGG  T CHILLED FRESH APPLE SPAGHETTI W/ TOMATO SAUCE HARD COOKED EGG  T CHILLED FRESH APPLE SPAGHETTI W/ TOMATO SAUCE HARD COOKED EGG  T CHILLED MARGARINE CHILLED MANDARIN ORANGES WHITE BREAD / MARGARINE CHILLED RICE PUDDING ORANGE BEVERAGE HARD ARGARINE HOMEMADE APPLE CRISP TARTAR SAUCE THAT TO AST WHITE BREAD / MARGARINE CREOLE BEAN SAUCE THAT TO AST WHITE BREAD / MARGARINE CREOLE BEAN SAUCE THAT TO AST WHITE BREAD / MARGARINE HOMEMADE APPLE CRISP TARTAR SAUCE THAT ARE SAUCE THAT TO AST WHITE BREAD / MARGARINE CREOLE BEAN SAUCE THAT TO AST WHITE BREAD / MARGARINE WHITE RICE SUGAR  T CHILLED APPLE JUICE SLOPPY JOE MEATBALL STEW TARTAR SAUCE THAT TO AST WHITE BREAD / MARGARINE TO ASSED GREEN SALAD TO SSED G	Y	SUGAR		
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SUGAR  CHILLED APPLE JUICE A CRISPY RICE CEREAL T PANCAKES W/ SYRUP HOME FRIED POTATOES WHITE MILK CHILLED FRESH APPLE T WHOLE WHEAT BREAD /MARG. D COFFEE A SUGAR T *MEATLESS SLOPPY JOE  HAWAIIAN BEVERAGE *BREADED CHICKEN PATTY  MEATBALL STEW STEAMED WHITE RICE T OSSED GREEN SALAD TOSSED GREEN SALAD TOSSED GREEN SALAD WHOLE WHEAT BREAD /MARG. WHOLE WHEAT BREAD /MARG. ORANGE BEVERAGE T ORANGE BEVERAGE *BLACK BEAN SAUCE			GRAPE BEVERAGE	
*BREADED CHICKEN PATTY  S CHILLED APPLE JUICE SLOPPY JOE MEATBALL STEW  A CRISPY RICE CEREAL HAMBURGER ROLL STEAMED WHITE RICE  T PANCAKES W/ SYRUP HOME FRIED POTATOES TOSSED GREEN SALAD  U MARGARINE STEAMED GREEN PEAS ITALIAN DRESSING  R WHITE MILK CHILLED FRESH APPLE WHOLE WHEAT BREAD /MARG.  D COFFEE HAWAIIAN BEVERAGE SUGAR COOKIES  A SUGAR *MEATLESS SLOPPY JOE ORANGE BEVERAGE  Y *BLACK BEAN SAUCE	Υ			
S CHILLED APPLE JUICE A CRISPY RICE CEREAL T PANCAKES W/ SYRUP U MARGARINE R WHITE MILK D COFFEE A SUGAR SUGAR SLOPPY JOE MEATBALL STEW STEAMED WHITE RICE TOSSED GREEN SALAD TOSSED GREEN SALAD TOSSED GREEN SALAD WHOLE WHEAT BREAD /MARG. WHOLE WHEAT BREAD /MARG. SUGAR TOSSED GREEN SALAD TOSSED GREE		SUGAR		
A CRISPY RICE CEREAL T PANCAKES W/ SYRUP HOME FRIED POTATOES U MARGARINE STEAMED GREEN PEAS R WHITE MILK CHILLED FRESH APPLE HAWAIIAN BEVERAGE SUGAR COOKIES Y STEAMED WHITE RICE TOSSED GREEN SALAD ITALIAN DRESSING WHOLE WHEAT BREAD /MARG. SUGAR COOKIES ORANGE BEVERAGE **BLACK BEAN SAUCE				*BREADED CHICKEN PATTY
T PANCAKES W/ SYRUP HOME FRIED POTATOES TOSSED GREEN SALAD U MARGARINE STEAMED GREEN PEAS ITALIAN DRESSING R WHITE MILK CHILLED FRESH APPLE WHOLE WHEAT BREAD /MARG. D COFFEE HAWAIIAN BEVERAGE SUGAR COOKIES A SUGAR *MEATLESS SLOPPY JOE ORANGE BEVERAGE Y *BLACK BEAN SAUCE	S	CHILLED APPLE JUICE	SLOPPY JOE	MEATBALL STEW
U MARGARINE STEAMED GREEN PEAS ITALIAN DRESSING R WHITE MILK CHILLED FRESH APPLE WHOLE WHEAT BREAD /MARG. D COFFEE HAWAIIAN BEVERAGE SUGAR COOKIES A SUGAR *MEATLESS SLOPPY JOE ORANGE BEVERAGE Y *BLACK BEAN SAUCE	Α	CRISPY RICE CEREAL	HAMBURGER ROLL	STEAMED WHITE RICE
R WHITE MILK CHILLED FRESH APPLE WHOLE WHEAT BREAD /MARG. D COFFEE HAWAIIAN BEVERAGE SUGAR COOKIES A SUGAR *MEATLESS SLOPPY JOE ORANGE BEVERAGE Y *BLACK BEAN SAUCE		PANCAKES W/ SYRUP		
D COFFEE HAWAIIAN BEVERAGE SUGAR COOKIES A SUGAR *MEATLESS SLOPPY JOE ORANGE BEVERAGE Y *BLACK BEAN SAUCE				
A SUGAR *MEATLESS SLOPPY JOE ORANGE BEVERAGE  *BLACK BEAN SAUCE				WHOLE WHEAT BREAD /MARG.
Y *BLACK BEAN SAUCE				
		SUGAR	*MEATLESS SLOPPY JOE	
S FRESH PETITE BANANA SOUP DIL JOUR BRO CHICKEN LEGS	ΙY			*BLACK BEAN SAUCE
TO THE PRIMARY OUT DOUD OUT DOUD DOWN CHICKEN LEGS	s	FRESH PETITE BANANA	SOUP DU JOUR	BBQ CHICKEN LEGS
U HOT GRITS GREEN CHILI BURRITO CHILLED POTATO SALAD				
D CREAM CHEESE SALSA SAUCE WHITE BREAD / MARGARINE				
				HOMEMADE GINGERBREAD W/ICING
Y COFFEE WHITE BREAD / MARGARINE GRAPE BEVERAGE		COFFEE	WHITE BREAD / MARGARINE	GRAPE BEVERAGE
		SUGAR	CHILLED APPLESAUCE	*MEATLESS BAR-B-QUE
SUGAR CHILLED APPLESAUCE *MEATLESS BAR-B-QUE			LEMON BEVERAGE	
			*TUSCAN BEAN SAUCE	



Monday, November 6, 2023

	BREAKFAST	LUNCH	DINNER
	OUR LED ODARE HUOF	DEEL OHOM MEIN	IAMAIOAN REFERATTV
M	CHILLED GRAPE JUICE	BEEF CHOW MEIN	JAMAICAN BEEF PATTY
0	HOT CINNAMON OATMEAL	ELBOW MACARONI	STEAMED WHITE RICE
N	WHITE TOAST	STEAMED SLICED CARROTS	SEASONED CABBAGE
D	MARGARINE WHITE MILK	WHITE BREAD / MARGARINE	WHITE BREAD / MARGARINE
A		CHILLED CRUSHED PINEAPPLE	RASPBERRY GELATIN CHOCOLATE MILK
Υ	COFFEE	ORANGE BEVERAGE *MEATLESS SWEET AND SOUR	*CREOLE BEAN SAUCE
	SUGAR	MEAILESS SWEET AND SOUR	"CREOLE BEAN SAUCE
т	CHILLED APPLE JUICE	BEEF CACCIATORE	BAKED SALISBURY STEAK
U	CRISPY RICE CEREAL	WITH SPAGHETTI	WHIPPED POTATOES
Е	HARD COOKED EGGS	STEAMED WAX BEANS	SEASONED GRAVY
S	WHOLE WHEAT TOAST	WHITE BREAD / MARGARINE	STEWED TOMATOES
D	MARGARINE	CHILLED APPLESAUCE	WHITE BREAD / MARGARINE
Α	WHITE MILK	HAWAIIAN BEVERAGE	CHOCOLATE PUDDING
Υ	COFFEE	*MEATLESS PEPPER STEAK	LEMON BEVERAGE
	SUGAR		*SLICED AMERICAN CHEESE
١	CHILLED CDARE HILLS	COUR DIL IOUR	TUDICEY ALA KING
W	CHILLED GRAPE JUICE HOT WHEAT CEREAL	SOUP DU JOUR	TURKEY ALA KING
E D	WHITE TOAST	ITALIAN SAUSAGE SAUTEED PEPPERS AND ONIONS	STEAMED WHITE RICE STEAMED GREEN PEAS
N	MARGARINE	HOT DOG ROLL	WHITE BREAD / MARGARINE
E	WHITE MILK	CHILLED MACARONI SALAD	SUGAR COOKIES
S	COFFEE	CHILLED FRESH ORANGE	HAWAIIAN BEVERAGE
D	SUGAR	ORANGE BEVERAGE	*TUSCAN BEAN SAUCE
A	SUGAR	*MEATLESS SLOPPY JOE	1030AN BEAN SAUCE
Y		MEATEESS SESTITION	
т	CHILLED FRESH APPLE	HOT DOGS	BAR-B-QUE CHICKEN CUBES
н	CORN FLAKES	HOT DOG ROLLS	STEAMED WHITE RICE
U	VANILLA YOGURT	MUSTARD / KETCHUP	CREOLE BEAN SAUCE
R	WHOLE WHEAT TOAST	BOSTON BAKED BEANS	HOMEMADE CORNBREAD
s	MARGARINE	SAUERKRAUT	MARGARINE
D	WHITE MILK	CHILLED APPLESAUCE	RASPBERRY SHERBET
Α	COFFEE	LEMON BEVERAGE	GRAPE BEVERAGE
Y	SUGAR	*HARD COOKED EGGS	*BREADED CHICKEN PATTY
F	CHILLED GRAPE JUICE	TOMATO SOUP	ELBOW MACARONI W/
R	HOT OATMEAL	GRILLED CHEESE SANDWICH	MARINARA SAUCE
li .	WHITE TOAST/MARGARINE	CHILLED COLESLAW	STEAMED SPINACH
D	WHITE MILK	CHILLED MANDARIN ORANGES	WHOLE WHEAT BREAD / MARGARINE
Α	COFFEE	POTATO CHIPS	YELLOW CAKE W/ VANILLA ICING
Y	SUGAR	ORANGE BEVERAGE	HOT CHOCOLATE
s	CHILLED APPLE JUICE	BLACK BEAN SAUCE	BREADED CHICKEN PATTY
Α	BRAN FLAKES	STEAMED WHITE RICE	FRENCH FRIED POTATOES
Т	WAFFLES W/SYRUP	STEAMED WHOLE KERNEL CORN	KETCHUP
U	MARGARINE	WHITE BREAD / MARGARINE	STEAMED MUSTARD GREENS
R	WHITE MILK	CHILLED CANNED MIXED FRUIT	HAMBURGER ROLL / MARGARINE
D	COFFEE	LEMON BEVERAGE	HOMEMADE FUDGE BROWNIE
Α	SUGAR		HAWAIIAN BEVERAGE
Υ			*MEATLESS BAR-B-QUE
s U	EDEQU DETITE DAMANA	SOUP DU JOUR	SI ICED DOUGT TUDKEY
U N	FRESH PETITE BANANA	SOUP DU JOUR SHEET PAN PIZZA WITH	SLICED ROAST TURKEY
	HOT GRITS		BREAD DRESSING
D	WHOLE WHEAT TOAST MARGARINE	TOMATO SAUCE & CHEESE TOSSED GREEN SALAD	SEASONED GRAVY STEAMED PEAS AND CARROTS
A Y	WHITE MILK	FRENCH DRESSING	WHITE BREAD / MARGARINE
[	COFFEE	HOMEMADE APPLE CRISP	CHILLED RICE PUDDING
	SUGAR	GRAPE BEVERAGE	ORANGE BEVERAGE
			*MEATLESS VEGETABLE STEW



Monday, November 13, 2023

	BREAKFAST	LUNCH	DINNER
	DILLAN AU	Lonon	DIMILLI
М	CHILLED GRAPE JUICE	HAMBURGER PATTIES	BREADED VEAL PATTY
0	HOT OATMEAL	HAMBURGER ROLLS / KETCHUP	SPAGHETTI W/ TOMATO SAUCE
N	WHITE TOAST	POTATO CHIPS	SEASONED CABBAGE
D	MARGARINE MILK	CHILLED PICKLE SPEAR CHILLED CANNED PEARS	WHITE BREAD / MARGARINE CHOCOLATE PUDDING
A Y	COFFEE	HAWAIIAN BEVERAGE	LEMON BEVERAGE
1	SUGAR	*MEATLESS SLOPPY JOE	*MEATLESS TOMATO SAUCE
l <sub>T</sub>	CHILLED APPLE JUICE	VEGETABLE SOUP	SPICY CHICKEN FIESTA
Ū	BRAN FLAKES	CHILLED TUNA SALAD	STEAMED WHITE RICE
E	SCRAMBLED EGGS	WHITE BREAD	TOSSED GREEN SALAD
s	WHITE TOAST	THREE BEAN SALAD	ITALIAN DRESSING
D	MARGARINE	CHILLED FRESH APPLE	WHITE BREAD / MARGARINE
A Y	WHITE MILK	ORANGE BEVERAGE	VANILLA YOGURT
1	COFFEE SUGAR	*HARD COOKED EGGS	GRAPE BEVERAGE *BLACK BEAN SAUCE
	JUGAN		BLACK BEAN SAUCE
w	CHILLED GRAPE JUICE	SMOKEY BEANS	NAVY BEAN SOUP
E D	HOT WHEAT CEREAL HOMEMADE COFFEE CAKE	STEAMED WHITE RICE SEASONED ZUCCHINI W/ SAUCE	SHEET PAN PIZZA WITH TOMATO SAUCE & CHEESE
N	MARGARINE	WHITE BREAD / MARGARINE	KIDNEY / GARBANZO BEAN SALAD
E	WHITE MILK	CHILLED MANDARIN ORANGES	CHOCOLATE CHIP COOKIES
s	COFFEE	HAWAIIAN BEVERAGE	ORANGE BEVERAGE
D	SUGAR		
Α			
Υ			
Т	CHILLED FRESH APPLE	CHILI CON CARNE	BREADED CHICKEN PATTY
н	CORN FLAKES	STEAMED WHITE RICE	SEASONED CHICKEN GRAVY
U	WHITE TOAST	CHILLED COLESLAW	WHIPPED POTATOES
R	MARGARINE	HOMEMADE CORNBREAD	STEAMED CARROTS
S D	WHITE MILK COFFEE	MARGARINE CHILLED FRESH ORANGE	WHOLE WHEAT BREAD/ MARG. ORANGE GELATIN
A	SUGAR	GRAPE BEVERAGE	ICE TEA
Y		*MEATLESS CHILI	*MEATLESS VEGETABLE STEW
F	CHILLED GRAPE JUICE	BAKED MACARONI AND CHEESE	BREADED FISH FILLET
R	HOT OATMEAL	STEWED TOMATOES	SEASONED BROWN RICE
ı	WHITE TOAST	WHITE BREAD / MARGARINE	CREOLE BEAN SAUCE
D	MARGARINE	CHILLED APPLESAUCE	TARTAR SAUCE
A	WHITE MILK	LEMON BEVERAGE	WHITE BREAD / MARGARINE
Υ	COFFEE		CHOCOLATE CAKE W/ VANILLA ICING
	SUGAR		ORANGE BEVERAGE *BREADED CHICKEN PATTY
			BREADED GINGRENT ATT
S	CHILLED APPLE JUICE	SOUP DU JOUR	SLICED BAKED MEATLOAF
A	CRISPY RICE CEREAL	SLICED TURKEY SALAMI	SEASONED BROWN GRAVY
T U	FRENCH TOAST W/ SYRUP MARGARINE	SLICED AMERICAN CHEESE HOT DOG ROLL / MUSTARD	BOILED POTATOES STEAMED WHOLE KERNEL CORN
R	WHITE MILK	CHILLED POTATO SALAD	WHOLE WHEAT BREAD/ MARG.
D	COFFEE	HOMEMADE APPLE CRISP	CHOCOLATE ICE CREAM
Α	SUGAR	GRAPE BEVERAGE	HOT CHOCOLATE
Υ		*SLICED AMERICAN CHEESE	*MEATLESS SWEET AND SOUR
s	FRESH PETITE BANANA	SPAGHETTI W/ MEAT SAUCE	BBQ CHICKEN LEGS
U	HOT GRITS	STEAMED SPINACH	STEAMED WHITE RICE
N	WHOLE WHEAT TOAST	WHITE BREAD / MARGARINE	STEAMED GREEN BEANS
D A	MARGARINE WHITE MILK	CHILLED APPLESAUCE HAWAIIAN BEVERAGE	WHITE BREAD / MARGARINE CHILLED BREAD PUDDING
A Y	COFFEE	*MEATLESS TOMATO SAUCE	ORANGE BEVERAGE
1	SUGAR		*MEATLESS BAR-B-QUE



Monday, November 20, 2023

	BREAKFAST	LUNCH	DINNER
М	CHILLED GRAPE JUICE	BEEF VEGETABLE STEW	HOT MEATBALL SUB
0	HOT OATMEAL	HOMEMADE BISCUIT	WITH TOMATO SAUCE
N	WHITE TOAST	CHILLED COLESLAW	HOT DOG ROLL
D	APPLE JELLY	CHILLED CANNED PEACHES	LYONNAISE POTATO
Α	MARGARINE	LEMON BEVERAGE	STEAMED GREEN PEAS
Υ	WHITE MILK	*MEATLESS VEGETABLE STEW	VANILLA PUDDING
	COFFEE		GRAPE BEVERAGE
	SUGAR		* MEATLESS CHILI
т	CHILLED APPLE JUICE	HOT DOGS	RICE DIABLO WITH MEAT
U	BRAN FLAKES	HOT DOG ROLLS	STEAMED WHOLE KERNEL CORN
E	WHITE TOAST	MUSTARD / KETCHUP	WHITE BREAD / MARGARINE
S	MARGARINE	BOSTON BAKED BEANS	YELLOW CAKE W/ CHOC. ICING
D	WHITE MILK	SAUERKRAUT	ORANGE BEVERAGE
A	COFFEE	CHILLED CRUSHED PINEAPPLE	*RICE AND RED BEAN CASSEROLE
Y	SUGAR	HAWAIIAN BEVERAGE	
		*HARD COOKED EGGS	
w	CHILLED GRAPE JUICE	SLOPPY JOE	TUSCAN BEANS SAUCE
E	HOT WHEAT CEREAL	HAMBURGER ROLL	STEAMED WHITE RICE
D	HOMEMADE COFFEECAKE	CHILLED MACARONI SALAD	FRENCH STYLE GREEN BEANS
N	MARGARINE	KETCHUP	WHITE BREAD / MARGARINE
E	WHITE MILK	KIDNEY BEAN SALAD	ORANGE SHERBET
S	COFFEE	WITH ONIONS AND PEPPERS	LEMON BEVERAGE
D	SUGAR	CHILLED MANDARIN ORANGES	
A Y		HAWAIIAN BEVERAGE	
		*MEATLESS SLOPPY JOE	
Т	CHILLED FRESH APPLE	SLICED ROAST TURKEY W/ GRAVY	SLICED TURKEY BOLOGNA
Н	CORN FLAKES	BREAD DRESSING (1 #8 SCOOP)	
U	WHOLE GRAIN BAGEL	WHIPPED POTATOES (2 #8 SCOOPS)	
R S	CREAM CHEESE WHITE MILK	SLICED STEAMED CARROTS CHILLED CRANBERRY SAUCE	POTATO CHIPS CHILLED FRESH APPLE
D D	COFFEE	ROLLS W/ MARGARINE	OATMEAL COOKIES
A	SUGAR	ICE CREAM SUNDAE	ORANGE BEVERAGE
Y	3337.11.	GRAPE BEVERAGE	*SLICED AMERICAN CHEESE
		*MEATLESS VEGETABLE STEW	
F	CHILLED GRAPE JUICE	BLACK BEAN SOUP	BAKED FISH FILLET
R	HOT OATMEAL	SHEET PAN PIZZA WITH	WITH GARLIC SAUCE
ı	WHITE TOAST	TOMATO SAUCE & CHEESE	SEASONED BROWN RICE
D	MARGARINE	TOSSED GREEN SALAD	CREOLE BEAN SAUCE
Α	WHITE MILK	FRENCH DRESSING	WHITE BREAD / MARGARINE
Υ	COFFEE	HOMEMADE APPLE CRISP	VANILLA YOGURT
	SUGAR	LEMON BEVERAGE	HOT CHOCOLATE
			*BREADED CHICKEN PATTY
s	CHILLED APPLE JUICE	SWEET & SOUR CHICKEN	BREADED CHICKEN PATTY
Α	CRISPY RICE CEREAL	STEAMED WHITE RICE	SEASONED CHICKEN GRAVY
Т	WAFFLES W/SYRUP	STEAMED SLICED CARROTS	WHIPPED POTATOES
U	MARGARINE	WHITE BREAD / MARGARINE	STEAMED SPINACH
R	WHITE MILK	CHILLED APPLESAUCE	WHOLE WHEAT BREAD / MARG.
D	COFFEE	GRAPE BEVERAGE	CHILLED RICE PUDDING
A	SUGAR	*MEATLESS SWEET & SOUR	HAWAIIAN BEVERAGE
Y			*RED BEAN IN SAUCE
s	FRESH PETITE BANANA	BREADED FISH FILLET	CREAMED CHICKEN & GRAVY
U	HOT GRITS	HAMBURGER ROLL	WHITE BREAD / MARGARINE
N	WHOLE WHEAT TOAST	KETCHUP	STEAMED WHITE RICE
D	MARGARINE	HOMEFRIED POTATOES	STEAMED WHOLE KERNEL CORN
Α	WHITE MILK	CHILLED BEET SALAD	CHOCOLATE PUDDING
Υ	COFFEE	CHILLED CANNED MIXED FRUIT	LEMON BEVERAGE
	SUGAR	ORANGE BEVERAGE	*MEATLESS VEGETABLE STEW
		*MEATLESS BAR-BQUE	



Monday, November 27, 2023

	BREAKFAST	LUNCH	DINNER
М	CHILLED GRAPE JUICE	CHILI CON CARNE	ROME STYLE LENTILS
0	HOT OATMEAL	STEAMED WHITE RICE	STEAMED WHITE RICE
N	WHITE TOAST	HOMEMADE CORNBREAD	SEASONED CABBAGE
D	APPLE JELLY	CHILLED COLESLAW	WHITE BREAD / MARGARINE
A	MARGARINE	MARGARINE	WHITE CAKE W/CHOCOLATE ICING
Ŷ	WHITE MILK	CHILLED FRESH APPLE	ORANGE BEVERAGE
1'	COFFEE	HAWAIIAN BEVERAGE	ORANGE BEVERAGE
	SUGAR	*MEATLESS CHILI	
	OUGAN	WILATELSS STILL	
Т	CHILLED APPLE JUICE	MINESTRONE SOUP	TURKEY CHOW MEIN
U	BREAKFAST PIZZA	CHILLED TUNA SALAD	STEAMED WHITE RICE
E	BRAN FLAKES	HAMBURGER ROLL	STEMED MIXED VEGETABLES
s	WHITE MILK	THREE BEAN SALAD	WHITE BREAD / MARGARINE
D	COFFEE	POTATO CHIPS	CHILLED BREAD PUDDING
Α	SUGAR	CHILLED MANDARIN ORANGES	ICE TEA
Υ		GRAPE BEVERAGE	*MEATLESS SWEET AND SOUR
		*SLICED AMERICAN CHEESE	
w	CHILLED GRAPE JUICE	BEEF HUNGARIAN GOULASH	HOT DOGS
E	HOT WHEAT CEREAL	HOMEMADE BISCUIT	HOT DOGS HOT DOG ROLLS
D	HOMEMADE COFFEECAKE	STEAMED WHOLE KERNEL CORN	POTATO TOTS
N	MARGARINE	CHILLED APPLESAUCE	STEAMED GREEN PEAS
E	WHITE MILK	ORANGE BEVERAGE	MUSTARD/KETCHUP
s	COFFEE	*MEATLESS PEPPER STEAK	CHERRY GELATIN
D	SUGAR	WIEATLESS PEPPER STEAR	HAWAIIAN BEVERAGE
_	SUGAR		*HARD COOKED EGGS
A Y			HARD COOKED EGGS
'			
Т	CHILLED FRESH APPLE	SPAGHETTI W/ TOMATO SAUCE	BREADED CHICKEN PATTY
Н	CORN FLAKES	ITALIAN STYLE MEATBALLS	WHIPPED POTATO
U	WHOLE WHEAT TOAST	STEAMED SPINACH	SEASONED CHICKEN GRAVY
R	MARGARINE	GARLIC HOT DOG ROLL	STEAMED SLICED CARROTS
s	WHITE MILK	CHILLED CANNED PEARS	WHITE BREAD / MARGARINE
D	COFFEE	LEMON BEVERAGE	CHILLED RICE PUDDING
Α	SUGAR	*MEATLESS TOMATO SAUCE	ORANGE BEVERAGE
Υ			*MEATLESS VEGETABLE STEW
F	CHILLED GRAPE JUICE	BAKED MACARONI AND CHEESE	BREADED FISH FILLET
R	HOT OATMEAL	STEWED TOMATOES	STEAMED WHITE RICE
I	WHITE TOAST	WHITE BREAD / MARGARINE	CREOLE BEANS SAUCE
D	MARGARINE	HOMEMADE APPLE CRISP	TARTAR SAUCE
Α	WHITE MILK	GRAPE BEVERAGE	WHITE BREAD / MARGARINE
Υ	COFFEE		VANILLA YOGURT
	SUGAR		LEMON BEVERAGE
			*BREADED CHICKEN PATTY
s	CHILLED APPLE JUICE	SOUP DU JOUR	MEATBALL STEW
A	CRISPY RICE CEREAL	SHEET PAN PIZZA WITH	STEAMED WHITE RICE
T	PANCAKES W/ SYRUP	TOMATO SAUCE & CHEESE	TOSSED GREEN SALAD
Ü	MARGARINE	KIDNEY / GARBANZO BEAN SALAD	ITALIAN DRESSING
R	WHITE MILK	CHILLED FRESH APPLE	WHOLE WHEAT BREAD / MARG.
D	COFFEE	HAWAIIAN BEVERAGE	SUGAR COOKIES
A	SUGAR	HAWAIIAN BEVERAGE	ORANGE BEVERAGE
Y	COOK		*BLACK BEAN SAUCE
S	FRESH PETITE BANANA	SLOPPY JOE	BBQ CHICKEN LEGS
U	HOT GRITS	HAMBURGER ROLL	CHILLED POTATO SALAD
N	PLAIN SLICED WHOLE GRAIN BAGEL	HOME FRIED POTATOES	STEAMED MIXED VEGETABLE
D	CREAM CHEESE	STEAMED WAX BEANS	WHITE BREAD / MARGARINE
Α	WHITE MILK	CHILLED APPLESAUCE	VANILLA ICE CREAM
Υ	COFFEE	LEMON BEVERAGE	GRAPE BEVERAGE
	SUGAR	*MEATLESS SLOPPY JOE	MEATLESS BAR-B-QUE



Monday, December 4, 2023

	BREAKFAST	LUNCH	DINNER
M	CHILLED GRAPE JUICE	TURKEY HAM STEAK	JAMAICAN BEEF PATTY
0	HOT CINNAMON OATMEAL	SEASONED GRAVY	STEAMED WHITE RICE
N	WHITE TOAST	WHIPPED POTATOES	STEAMED GREEN PEAS
D	MARGARINE	SEASONED CABBAGE	WHITE BREAD / MARGARINE
Α	WHITE MILK	WHITE BREAD / MARGARINE	YELLOW CAKE W/ VANILLA ICING
Υ	COFFEE	CHILLED MANDARIN ORANGES	CHOCOLATE MILK
	SUGAR	ORANGE BEVERAGE	*CREOLE BEAN SAUCE
		*MEATLESS SWEET AND SOUR	
_			
T	CHILLED APPLE JUICE	BEEF CACCIATORE	BAKED SALISBURY STEAK
U	CRISPY RICE CEREAL	WITH SPAGHETTI	SEASONED GRAVY
E	HARD COOKED EGGS	STEAMED GREEN BEANS	WHIPPED POTATOES
S	WHOLE WHEAT TOAST	WHITE BREAD / MARGARINE	STEWED TOMATOES
D	MARGARINE WHITE MILK	CHILLED APPLESAUCE	WHITE BREAD / MARGARINE
A Y		HAWAIIAN BEVERAGE	CHOCOLATE PUDDING
ľ	COFFEE	*MEATLESS PEPPER STEAK	LEMON BEVERAGE
	SUGAR		*SLICED AMERICAN CHEESE
w	CHILLED GRAPE JUICE	SOUP DU JOUR	CHICKEN CURRY
E	HOT WHEAT CEREAL	ITALIAN SAUSAGE	STEAMED WHITE RICE
D	WHITE TOAST	SAUTEED PEPPERS AND ONIONS	STEAMED MUSTARD GREENS
N	MARGARINE	HOT DOG ROLL	WHITE BREAD / MARGARINE
E	WHITE MILK	CHILLED MACARONI SALAD	SUGAR COOKIES
S	COFFEE	CHILLED FRESH ORANGE	HAWAIIAN BEVERAGE
D	SUGAR	ORANGE BEVERAGE	*TUSCAN BEAN SAUCE
Α		*MEATLESS SLOPPY JOE	
Υ			
Т	CHILLED FRESH APPLE	HOT DOGS	BAR-B-QUE CHICKEN CUBES
Н	CORN FLAKES	HOT DOG ROLLS	STEAMED WHITE RICE
U	VANILLA YOGURT	MUSTARD / KETCHUP	CREOLE BEAN SAUCE
R	WHOLE WHEAT TOAST	BOSTON BAKED BEANS	HOMEMADE CORNBREAD
S	MARGARINE	SAUERKRAUT	MARGARINE
D	WHITE MILK	CHILLED APPLESAUCE	RASPBERRY GELATIN
A	COFFEE	LEMON BEVERAGE	GRAPE BEVERAGE
Y	SUGAR	*HARD COOKED EGGS	*BREADED CHICKEN PATTY
F	CHILLED GRAPE JUICE	TOMATO SOUP	ELBOW MACARONI W/
R	HOT OATMEAL	GRILLED CHEESE SANDWICH	MARINARA SAUCE
h	PLAIN DONUT	CHILLED COLESLAW	STEAMED SPINACH
D	WHITE MILK	POTATO CHIPS	WHOLE WHEAT BREAD / MARGARINE
Α	COFFEE	CHILLED CANNED PEACHES	HOMEMADE FUDGE BROWNIE
Υ	SUGAR	ORANGE BEVERAGE	HAWAIIAN BEVERAGE
S	CHILLED APPLE JUICE	BLACK BEANS SAUCE	BREADED CHICKEN PATTY
A	BRAN FLAKES	STEAMED WHITE RICE	FRENCH FRIED POTATOES
Τ	FRENCH TOAST W/SYRUP	STEAMED WHOLE KERNEL CORN	KETCHUP
U	MARGARINE	WHITE BREAD / MARGARINE	STEAMED SLICED CARROTS
R	WHITE MILK	CHILLED CANNED MIXED FRUIT	HAMBURGER ROLL / MARGARINE
D	COFFEE SUGAR	LEMON BEVERAGE	CHILLED RICE PUDDING ICE TEA
A Y	SUGAR		
'			*MEATLESS BAR-B-QUE
s	FRESH PETITE BANANA	SOUP DU JOUR	CREAMED CHICKEN IN GRAVY
U	HOT GRITS	SHEET PAN PIZZA WITH	WHIPPED POTATOES
N	WHOLE WHEAT TOAST	TOMATO SAUCE & CHEESE	STEAMED PEAS AND CARROTS
D	MARGARINE	TOSSED GREEN SALAD	WHITE BREAD / MARGARINE
A	WHITE MILK	FRENCH DRESSING	RASPBERRY SHERBET
Υ	COFFEE	HOMEMADE APPLE CRISP	ORANGE BEVERAGE
	SUGAR	GRAPE BEVERAGE	*MEATLESS VEGETABLE STEW



#### GENERAL CONFINEMENT MENU WEEK 7 Monday, December 11, 2023

	BREAKFAST	LUNCH	DINNER
NA.	CHILLED GRAPE JUICE	LIAMPUDOED DATTIES	PREADED VEAL DATTY
M		HAMBURGER PATTIES HAMBURG ROLLS / KETCHUP	BREADED VEAL PATTY
0	HOT OATMEAL		SPAGHETTI W/ TOMATO SAUCE
N	WHITE TOAST	POTATO CHIPS	STEAMED GREEN BEANS
D	MARGARINE	CHILLED PICKLE SPEAR	WHITE BREAD / MARGARINE
A	WHITE MILK	CHILLED FRESH APPLE	CHOCOLATE PUDDING
Υ	COFFEE	HAWAIIAN BEVERAGE	LEMON BEVERAGE
	SUGAR	*MEATLESS SLOPPY JOE	*MEATLESS TOMATO SAUCE
т	CHILLED APPLE JUICE	CHILI CON CARNE	SMOKEY BEANS
U	BRAN FLAKES	STEAMED WHITE RICE	STEAMED WHITE RICE
E	CINNAMON DONUTS	CHILLED COLESLAW	SEASONED ZUCCHINI W/ SAUCE
s	WHITE MILK	HOMEMADE CORNBREAD	WHITE BREAD / MARGARINE
D	COFFEE	MARGARINE	VANILLA YOGURT
Α	SUGAR	CHILLED FRESH ORANGE	GRAPE BEVERAGE
Υ		ORANGE BEVERAGE	
		*MEATLESS CHILI	
w	CHILLED GRAPE JUICE	SPICY CHICKEN FIESTA	NAVY BEAN SOUP
E	HOT WHEAT CEREAL	STEAMED WHITE RICE	SHEET PAN PIZZA WITH
D	HOMEMADE COFFEE CAKE	TOSSED GREEN SALAD	TOMATO SAUCE & CHEESE
N	MARGARINE	ITALIAN DRESSING	KIDNEY / GARBANZO BEAN SALAD
E	WHITE MILK	WHITE BREAD / MARGARINE	CHOCOLATE CHIP COOKIES
S	COFFEE	CHILLED CRUSHED PINEAPPLE	ORANGE BEVERAGE
D	SUGAR	HAWAIIAN BEVERAGE	
Α		*BLACK BEAN SAUCE	
Υ			
Т	CHILLED FRESH APPLE	VEGETABLE SOUP	BREADED CHICKEN PATTY
н	CORN FLAKES	CHILLED TUNA SALAD	SEASONED CHICKEN GRAVY
U	SCRAMBLED EGGS	WHITE BREAD	WHIPPED POTATOES
R	WHITE TOAST	THREE BEAN SALAD	STEAMED WHOLE KERNEL CORN
s	MARGARINE	CHILLED MANDARIN ORANGES	WHOLE WHEAT BREAD / MARG.
D	WHITE MILK	GRAPE BEVERAGE	ORANGE GELATIN
A	COFFEE	*HARD COOKED EGGS	ICE TEA
Y	SUGAR		*MEATLESS VEGETABLE STEW
F	CHILLED GRAPE JUICE	BAKED MACARONI AND CHEESE	BREADED FISH FILLET
R	HOT OATMEAL	STEWED TOMATOES	SEASONED BROWN RICE
ı	WHITE TOAST	WHITE BREAD / MARGARINE	CREOLE BEAN SAUCE
D	GRAPE JELLY	CHILLED APPLESAUCE	TARTAR SAUCE
Α	MARGARINE	LEMON BEVERAGE	WHITE BREAD / MARGARINE
Υ	WHITE MILK		CHOCOLATE CAKE W/ VAN. ICING
	COFFEE		ORANGE BEVERAGE
	SUGAR		*BREADED CHICKEN PATTY
s	CHILLED APPLE JUICE	SOUP DU JOUR	SLICED BAKED MEATLOAF
Α	CRISPY RICE CEREAL	SLICED TURKEY SALAMI	SEASONED BROWN GRAVY
Т	PANCAKES W/SYRUP	SLICED AMERICAN CHEESE	BOILED POTATOES
U	MARGARINE	HOT DOG ROLL / MUSTARD	STEAMED CARROTS
R	WHITE MILK	CHILLED POTATO SALAD	WHOLE WHEAT BREAD / MARG.
D	COFFEE	HOMEMADE APPLE CRISP	CHOCOLATE ICE CREAM
Α	SUGAR	GRAPE BEVERAGE	LEMON BEVERAGE
Υ		*SLICED AMERICAN CHEESE	*MEATLESS SWEET AND SOUR
	EDEOU DETITE SAME	ODA GUETTI WITH A TOWN	DDO OUIOVEN LEGG
S	FRESH PETITE BANANA	SPAGHETTI WITH MEAT SAUCE	BBQ CHICKEN LEGS
U	HOT GRITS	STEAMED SPINACH	STEAMED WHITE RICE
N	WHOLE WHEAT TOAST	WHITE BREAD / MARGARINE	STEAMED GREEN PEAS
D	MARGARINE	CHILLED APPLESAUCE	WHITE BREAD / MARGARINE
Α	WHITE MILK	HAWAIIAN BEVERAGE	CHILLED BREAD PUDDING
Υ	COFFEE	*MEATLESS TOMATO SAUCE	ORANGE BEVERAGE
	SUGAR		*MEATLESS BAR-B-QUE



Monday, December 18, 2023 **BREAKFAST** LUNCH DINNER **CHILLED GRAPE JUICE TURKEY VEGETABLE STEW** M **HOT MEATBALL SUB** 0 **HOT OATMEAL HOMEMADE BISCUIT** WITH TOMATO SAUCE WHITE TOAST **CHILLED COLESLAW HOT DOG ROLL** N D **APPLE JELLY CHILLED FRESH APPLE** LYONNAISE POTATO **MARGARINE LEMON BEVERAGE** STEAMED WHOLE KERNEL CORN WHITE MILK \*MEATLESS VEGETABLE STEW **VANILLA PUDDING** COFFEE **GRAPE BEVERAGE SUGAR** \*MEATLESS CHILI **CHILLED APPLE JUICE HOT DOGS** Т U **HOT DOG ROLLS BRAN FLAKES** SPANISH RICE WITH MEAT Ε WHITE TOAST **MUSTARD / KETCHUP** CHILLED BEET SALAD **MARGARINE BOSTON BAKED BEANS** WHITE BREAD / MARGARINE D WHITE MILK **SAUERKRAUT** YELLOW CAKE W/ CHOC. ICING COFFEE CHILLED CRUSHED PINEAPPLE **ORANGE BEVERAGE** SUGAR **HAWAIIAN BEVERAGE** \*RICE AND RED BEAN CASSEROLE \* HARD COOKED EGGS **SLOPPY JOE** W **CHILLED GRAPE JUICE TUSCAN BEAN SAUCE** Ε **HOT WHEAT CEREAL** HAMBURGER ROLL STEAMED WHITE RICE D HOMEMADE COFFEECAKE **OVEN BROWN POTATOES** FRENCH STYLE GREEN BEANS WHITE BREAD / MARGARINE **MARGARINE KETCHUP** Ν Ε **WHITE MILK ORANGE SHERBET KIDNEY BEAN SALAD** S **COFFEE** WITH FRESH ONIONS & PEPPERS **LEMON BEVERAGE** D **SUGAR CHILLED CANNED PEARS HAWAIIAN BEVERAGE** \*MEATLESS SLOPPY JOE **SWEET & SOUR CHICKEN ELBOW MACARONI W/ MEAT SAUCE CHILLED FRESH APPLE** Т **CORN FLAKES** STEAMED WHITE RICE STEAMED PEAS AND CARROTS Н U WHOLE GRAIN BAGEL STEAMED CARROTS WHITE BREAD / MARGARINE R **CREAM CHEESE** WHITE BREAD / MARGARINE CHILLED RICE PUDDING S WHITE MILK **CHILLED MANDARIN ORANGES ORANGE BEVERAGE** D COFFEE **GRAPE BEVERAGE** \*MEATLESS TOMATO SAUCE \*MEATLESS SWEET & SOUR Α **SUGAR CHILLED GRAPE JUICE BLACK BEAN SOUP BAKED FISH FILLET** R **SHEET PAN PIZZA WITH HOT OATMEAL** WITH GARLIC SAUCE WHITE TOAST **TOMATO SAUCE & CHEESE SEASONED BROWN RICE MARGARINE TOSSED GREEN SALAD CREOLE BEAN SAUCE** D **WHITE MILK** FRENCH DRESSING WHITE BREAD / MARGARINE COFFEE HOMEMADE APPLE CRISP **VANILLA YOGURT LEMON BEVERAGE SUGAR** HOT CHOCOLATE \*BREADED CHICKEN PATTY **BREADED CHICKEN PATTY** S **CHILLED APPLE JUICE SOUP DU JOUR CRISPY RICE CEREAL SLICED TURKEY BOLOGNA** SEASONED CHICKEN GRAVY Α WHIPPED POTATOES Т WAFFLES W/SYRUP **SLICED AMERICAN CHEESE MARGARINE HOTDOG ROLL / MUSTARD** STEAMED SPINACH R WHITE MILK CHILLED MACARONI SALAD WHOLE WHEAT BREAD / MARG. **CHILLED APPLESAUCE OATMEAL COOKIES** D **COFFEE** SUGAR GRAPE BEVERAGE HAWAIIAN BEVERAGE Υ \*SLICED AMERICAN CHEESE \*CREOLE BEAN SAUCE **JAMAICAN BEEF PATTY** S FRESH PETITE BANANA **BEEF PEPPER STEAK** U STEAMED WHITE RICE **HOT GRITS ELBOW MACARONI** Ν WHOLE WHEAT TOAST **SEASONED CABBAGE** STEAMED WHOLE KERNEL CORN D WHITE BREAD / MARGARINE **MARGARINE** WHITE BREAD / MARGARINE CHILLED CANNED MIXED FRUIT WHITE MILK **CHOCOLATE PUDDING** 

ORANGE BEVERAGE

\*MEATLESS PEPPER STEAK

**LEMON BEVERAGE** 

\*BLACK BEAN SAUCE

COFFEE

**SUGAR**